

FATHER MULLER COLLEGE OF NURSING
MENTAL HEALTH NURSING



PATTERN OF DRUG PROFILE

GENERIC NAME	TRADE NAMES	INDICATIONS	CONTRA INDICATIONS	ADVERSE REACTIONS

NAME OF DRUGS FOR DRUG PROFILE

SL NO	DRUG NAME
1	Chlorpromazine
2	Trifluoperazine
3	Haloperidol
4	Pimozide
5	Penfluridol
6	Clozapine
7	Risperidone
8	Nitrazepam
9	Promethazine HCL
10	Lithium
11	Amitriptyline
12	Atropine sulphate
13	Quitiepine
14	Olanzapine
15	Sodium valproate
16	Loxapine
17	Fluphenazine
18	Flurazepam
19	Thioridazine
20	Zuclopenthixol
21	Alprazolam
22	Buspirone
23	Chlordiazepoxide
24	Clobazam
25	Diazepam
26	Hydroxyzine
27	Midazolam
28	Zolpidem
29	Clomipramine
30	Fluoxetine
31	Phenytoin sodium
32	Carbamazepine
33	Thiopentone sodium
34	Disulfiram
35	Tihexyphenidyl HCL

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CARE PLAN FORMAT

- Introduction
- Biodata/ identification data
- History
- MSE
- Physical Examination-write system wise
- Vital signs

PARAMETER	NORMAL VALUE	PATIENT VALUE

- Medication

TRADE NAME	GENERIC NAME	DOSAGE	FREQUENCY	ACTION

- Lab investigations

INVESTIGATION	NORMAL VALUE	PATIENT VALUE

- Problems identified
- Nursing diagnosis
- Short term goals
- Long term goals
- Nursing process

NURSING DIAGNOSIS	OBJECTIVE	PLAN OF ACTION	IMPLEMENTATION	EVALUATION

- Health education
- Conclusion
- -patient evaluation
- Self evaluation

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PROCESS RECORDING FORMAT

- **Biodata**
- **Description of the patient**
- **Setting of interaction**
- **Description of environment**
- **Nurses feelings and thoughts before interaction**
- **Reason for selecting the patient**
- **Important Goal of interaction (short term/ long term)**

Content	Techniques Used	Gut Reaction	Analysis	Instructors Comment
Verbal Communication Nurse-Patient				
Non Verbal Communication Nurse-Patient				
Inference				

- **Discussion**

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DRUG STUDY FORMAT

- ❖ Introduction
- ❖ Generic name
- ❖ Trade name
- ❖ Action
- ❖ Available forms
- ❖ Dosages
- ❖ Route of administration
- ❖ Mechanism of action
- ❖ Pharmacokinetics
- ❖ Indication
- ❖ Contraindications
- ❖ Drug interactions
- ❖ Adverse effects
- ❖ Side effects
- ❖ Toxic effects
- ❖ Precautions
- ❖ Nursing responsibilities (Before/ After/ During Administration)
- ❖ Bibliography

FATHER MULLER COLLEGE OF NURSING**MENTAL HEALTH NURSING****HEALTH EDUCATION FORMAT**

- Introduction
- General objective
- Specific objectives
- Plan of Action
- Settings

Set up	Teaching methods	AV aids	Feedback Questions

- Content (translation of language based on the group)
- Conclusion
- Bibliography

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CASE STUDY FORMAT

- Introduction
- Biodata/ identification data
- History
- MSE
- Physical Examination (write system wise)
- Vital signs
- Disease process (Comparison between book picture and patient's profile)
 - Introduction
 - Definition
 - Incidence /Epidemiology
 - Etiology
 - Classification
 - Psychodynamics
 - Clinical features
 - Diagnostic criteria
 - Diagnostic measures
 - Management
 - Medical management
 - Pharmacological therapy
 - Psychosocial therapy
 - Nursing management
- Health education
- Course & Prognosis
- Conclusion
- Bibliography